

14/01/2022

Dear Parents/ Guardians

#### **MOE SEXUALITY EDUCATION IN SCHOOLS**

Sexuality Education (SEd) in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

## 2. The goals of Sexuality Education are:

- To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
- (ii) To help students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of selfawareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
- (iii) To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.

## 3. The key messages of Sexuality Education are:

- (i) Love and respect yourself as you love and respect others;
- (ii) Build positive relationships based on love and respect (which are the foundation for strong families);

1	۱iii)	Make res	nonsible	decisions for	or vourself	vour family	v and societ	v. and
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- (iv) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.
- Please visit the school's Sexuality Education webpage (<a href="https://manjusrisec.moe.edu.sg/compassionate-leaders/character-education">https://manjusrisec.moe.edu.sg/compassionate-leaders/character-education</a>) for more information on Manjusri Secondary School's Sexuality Education Programme for 2022.

5.	Than	k you.
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Yours faithfully,

Sim Chong Boon

Principal, Manjusri Secondary

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[Parents' Acknowledgement – This is to be signed by parents of all students.]

Dear Mr Sim Chong Boon

#### **SEXUALITY EDUCATION FOR YEAR 2022**

I acknowledge receipt of letter from the school dated on 14/01/22 regarding the school's Sexuality Education lessons that will be taught in 2022. I have read and understood the information provided on the content coverage and delivery of the programme.

Parent's Name & Signature		Date		
Parent of:	(	)		
(Child's Name)	`	Class		

# [Parent Opt-out Form – This section is applicable only if parents wish to opt their child out of Sexuality Education.]

Date	e:							
Pare	ent's l	Name:						
Pare	ent of	(Child's na	me):					
Nan	ne of	Principal	Mr Sim Cho	ng Boon				
Nan	ne of	School	<u>Manjusri Se</u>	condary School				
Dea	r Prin	icipal						
		5	SEXUALITY	EDUCATION LESSONS FO	OR YEAR 2022			
1.	١٧	vould like to	o withdraw my	child,	<u>,</u> of			
				(full nan	ne of child)			
		(class of cl		exuality Education lessons for 2	2022.			
2.	Му	reason(s) f	or my decisio	n to opt my child out of the pro	gramme:			
		☐ Religious reasons						
		My child	My child is too young.					
		I would li	ke to persona	lly educate my child on sexuali	ty matters.			
		I do not think it is important for my child to attend Sexuality Education.						
		I have previously taught my child the topics in the Sexuality Education lessons for the year.						
		I am not year.	comfortable v	with the topics covered in the	Sexuality Education lessons for the	าเร		
		Others: _						
3.	3. Thank you.							
Pare	ent's i	Name & Sig	gnature	Contact No. (mobile)	Email address (optional)			